

PALM 101 (cont.)



IF I PARK AT THE START, HOW DO I GET BACK TO MY VEHICLE?

That's where the optional bus transportation comes in! You can park at the last site, and get a bus ride to the first site on Saturday; OR, you can park at the first site, and get a bus ride back to the first site on Friday.

Whichever option you choose, park in the designated long-term parking areas. Load your bags and bikes on the truck or bus at the time specified for your departure, and unload at the other end of the trip.

Additional details will be provided to all participants who select the optional bus transportation at registration.

DO I NEED TO BUY A FANCY NEW BIKE TO RIDE PALM?

Ride what you have – many participants have ridden inexpensive, older, or borrowed bicycles. You will see bikes of all shapes and sizes on PALM!

The most important thing is that the bike fits YOU, and is in good working order. Have your local bike shop inspect your bike, and check fit.

After a few rides on PALM, you may choose to upgrade. Strike up a conversation with another participant – we're sure they'd like to talk about their bike!

Along the same lines – no need to go out and buy a week's worth of cycling jerseys for your first PALM! Breathable layers like t-shirts and light jackets in bright colors will do for our shorter, slower routes.

However, all riders will need proper padding, unless you want a sore posterior.

WILL MY KIDS GET BORED?

Not likely! During the day, many families make their own adventures by stopping at roadside stands, parks, historic markers and other attractions. Get tips for the next day at the evening meetings.

Once in camp, there are daily volunteer-led Children's Activities where kids can meet others on the ride and make new friends! Older kids often travel with a soccer ball or basketball, and have the energy after the ride to use it.

ARE E-BIKES ALLOWED?

Human-powered e-bikes are allowed. PALM will have charging stations at sites specifically for e-bike batteries. You may wish to carry a spare battery/charger on the route.

NOTE: E-bike users may have a longer wait for an appropriate SAG. Mechanics on tour may not be equipped to handle some repairs.

Our low cost includes:

SAG (support and gear) service, overnight facility use for tent camping with showers and bathrooms, transport of luggage between sites, road markings and GPS cues for routes, daily watermelon stop, bicycle education, and children's activities!

*Optional add-ons include: transportation (for yourself and your bike) from the last site to the first site on Saturday or Friday, cafeteria meal plans, and a third-party tent set-up service.

