

# After Registration (cont.)



## To signal a SAG driver:

**TAP-TAP-TAP the top of your helmet. If you wave, they will wave back and keep driving!**

Failure to wear a helmet could result in your removal from the tour.

## CAMPING

### **Camp only in the areas designated by PALM staff.**

Do not ask school staff for permission to camp or park in other areas – not all school staff may know what arrangements have been agreed upon in our building use contracts.

Our volunteer Site Coordinators have worked closely with school administration on designated accommodations.

## WEATHER

We camp outside unless severe weather is near the area. Be prepared to sleep in the rain! PALM staff will announce if severe weather dictates we must take shelter inside the school.

We will not unload trucks if severe weather is in the area. We will attempt to unload bags into the school if it is raining.

## SUN SAFETY

There are water bottle refill sites along the route.

### **Drink lots of water!**

Don't skimp on sunscreen! Keep a small container with you and reapply during the day.

## BIKE LOCKS

Use your own discretion when locking your bike. There are not always suitable places to use a lock at the school buildings or on the route.

## ELECTRICITY

Electricity will be available in designated areas for C-PAP machines ONLY. No fans, lights, etc.

Check with the information table for the location of the device charging station.

## CHARGING STATION

Please silence calls and alarms while your device is charging.

The station is in high demand, so please remove your devices as soon as they are charged.

Be sure to remove devices from the charging station before breakfast so it can be loaded onto the truck for use at the next site.

PALM is not responsible for devices left at the charging station after 9 a.m.

## HEADPHONES AND EARBUDS

For safety, no headphones or earbuds allowed while on your bicycle.

## QUIET TIME

As a courtesy to all riders, quiet time is from 10 p.m. to 6:30 a.m. Early risers, please be considerate of those still sleeping! Trucks do not open for loading until 7 a.m. so there is no need to take down tents before 6:30 a.m.

## STATE LAW

Absolutely no alcohol, firearms, smoking, or fires of any kind on school grounds.

## MISSION STATEMENT:

*Pedal Across Lower Michigan (PALM) is a non-profit group dedicated to encouraging family bicycling and the promotion of bicycling safety.*

