

Before Registration

PALM will accept registrations until the ride is full.

Our low cost includes: SAG (support and gear) service, overnight facility use for tent camping with showers and bathrooms, transport of luggage between sites, road markings and GPS cues for routes, daily watermelon stop, bicycle education, and children's activities!

Price increases after May 10 and some add-ons may not be available after May 10.

TOUR COST

Adult participant:	\$ (see website)
Minor 11-17 years:	\$ (see website)
Minor 0-10 years:	\$ (see website)
Private SAG:	\$ (see website)

ALL PARTICIPANTS, INCLUDING VOLUNTEERS AND NON-RIDERS, MUST REGISTER.

YOUR EQUIPMENT

Any human-powered bicycle in good working condition can be used on PALM. No roller-blades, skateboards, mopeds or scooters are allowed. Please review guidelines for electric bicycles.

Each cyclist is expected to carry the basic minimum tools; at least enough to repair a flat tire.

Bike shops accompanying the tour can make repairs in the evening – not on the route. They charge for their parts and services. If you ride a non-standard bike, come prepared with parts the bike shops may not have in stock.

HELMETS REQUIRED

Your certified, properly-fitted helmet **MUST** be worn any time you are on your bike, even in the parking lot. Children in trailers must also wear helmets.

FAILURE TO WEAR A HELMET COULD RESULT IN YOUR REMOVAL FROM THE TOUR.

MINORS AND SPONSORS

Participants of all ages are welcome, and families are encouraged. Everyone traveling with the tour, whether riding or not, must register.

By state law, riders under the age of 18 must have an adult sponsor on the tour who will be responsible for them, **AND** must have the signature of a parent/guardian consenting to their participation and accepting the terms of the release.

A parent/guardian must sign a waiver for each rider under the age of 18 and this must be presented at check-in or the minor will not be allowed to participate.

No children under 16 may ride unaccompanied. A parent/guardian or sponsor must ride close behind all children, and have them in their sight at all times.

If a minor is picked up by a SAG vehicle, a parent/guardian or sponsor must ride with the minor.

Adults sponsoring minors must be a registered rider and must sign the waiver accepting responsibility. One adult may sponsor no more than eight minors.

OPTIONAL ADD-ONS

Meal plans and bus transportation are provided for an additional fee.

Cafeteria meals: \$ (see website)
Eleven meals – six breakfasts (Sunday-Friday) and five dinners (Sunday-Thursday)

Transportation: \$ (see website)
First site to last site, Saturday morning or Friday afternoon

Add-on items must be ordered by May 10. Meals will be available as an add-on until the end of May. Bus transportation will be available until buses are full.

CAFETERIA MEAL PLANS

It's just what it sounds like – you and a few hundred new friends dine together in the school cafeteria. Dishes are prepared by school lunch staff and vary by school. Attend the evening meetings to learn what your meals will be the following day.

The meal plan must be reserved prior to the May 10 deadline.

BUS TRANSPORTATION

You may park at the end and get a ride to the beginning on Saturday, or park at the beginning and get a ride back on Friday. Saturday is the more popular option.

Seating is limited and must be reserved prior to the May 10 deadline.