

# PALM Bike Tour



**A family-friendly, scenic and affordable bicycle tour across Michigan's lower peninsula the last full week of June.**

**PALM is open to all cyclists able to ride 30-60 miles per day for six days. The tour is limited to 700 participants.**

Pedal Across Lower Michigan begins near Lake Michigan and meanders east, passing scenic, cultural, and historic sites. Many attractions will lure you from your bicycle – and you will have plenty of time to enjoy them. The route, which changes each year, generally avoids major urban areas. Sometimes a small downtown may be included for special interest, or for finding lunch or a snack. We use paved routes geared to the novice and intermediate touring rider. The daily distances and terrain combine to make PALM well suited to family bicycling. Daily distances may range from 30 to 60 miles, but are usually 40 to 50 miles each day. Optional longer routes are provided to challenge more experienced riders, including a “century” (100 mile route) each tour.

**PALM is not a race, but a tour with emphasis on the social and recreational aspects of everyday cycling.**

The tour gathers Saturday afternoon for check-in and orientation. Riders depart Sunday morning. There is no mass start – proceed to the route after you've put your tent and gear on the truck and had your breakfast. We have designated camping areas in open spaces such as school athletic fields, with nearby toilet and shower facilities. We end our tour on Friday with a shorter route and a PALM-provided group lunch.

Join us! #palmbiketour

## **MISSION STATEMENT:**

*Pedal Across Lower Michigan (PALM) is a non-profit group dedicated to encouraging family bicycling and the promotion of bicycling safety.*